

#	Name	Surname	Club/Team	Sex	Cat	Run 1	Cycle	Run 2	Finish
1	Sean	O Malley	Tesco Finest	Male	Relay	00:11:43	00:25:17	0:12:48	0:49:48
2	Leo	Temple	Temple/Lyons	Male	Relay	00:11:49	00:25:10	0:13:15	0:50:14
3	killian	heery	co cavan	M	Sen	00:11:02	00:26:55	0:12:50	0:50:47
4	Stephen	Donnelly	Ballina	M	Sen	00:11:15	00:26:36	0:13:14	0:51:05
5	John	Greaney	Hurt Locker	M	Sen	00:10:52	00:28:26	0:12:43	0:52:01
6	Jonathan	Caufield	Swinford	M	Sen	00:11:50	00:29:08	0:14:24	0:55:21
7	Jonathan	Rowland	Ballina	M	Sen	00:12:22	00:29:35	0:14:43	0:56:40
8	Joseph	Moran		m	Sen	00:12:22	00:30:22	0:14:14	0:56:58
9	john	Gilleran	Roscommon	M	Sen	00:12:20	00:30:01	0:15:02	0:57:24
10	Barry	Loftus	Mayo	M	Sen	00:12:23	00:30:14	0:14:58	0:57:34
11	TJ	McHugh	Co Mayo	M	O40	00:11:48	00:32:11	0:13:47	0:57:46
12	John	Lenehan	Westport	M	Sen	00:11:51	00:31:44	0:14:20	0:57:54
13	Martin	Joyce	Joyce/ Gill	Male	Relay	00:12:38	00:31:01	0:14:17	0:57:56
14	Colm	Hawe	Hurt Locker	M	Sen	00:12:50	00:29:53	0:15:23	0:58:07
15	Killian	Dooley		M	O40	00:12:42	00:30:59	0:14:48	0:58:30
16	Ronan	Dirrane	Hurt Locker	M	Junior	00:12:48	00:29:53	0:15:51	0:58:32
17	Morgan	Mc Hugh	Hurt Locker	M	O40	00:13:05	00:29:27	0:16:05	0:58:36
18	Lorraine	Carey	Liquid Motion	F	Sen	00:13:08	00:30:56	0:14:52	0:58:56
19	Marie	Boyle	Hurt Locker	F	O40	00:13:09	00:30:15	0:15:36	0:59:00
20	David	Connelly	Hollymount	Male	Relay	00:12:55	00:31:13	0:15:08	0:59:15
21	Diarmuid	O Comchubhair	Hurt Locker	M	Sen	00:13:12	00:30:54	0:15:18	0:59:23
22	David	Conway	Westport AC	M	Sen	00:12:41	00:32:54	0:14:53	1:00:28
23	Michael	Hession	Hurt Locker	M	Sen	00:12:50	00:32:12	0:15:30	1:00:31
24	Janis	Blinovs	Western Lakes	M	Sen	00:12:58	00:30:16	0:17:18	1:00:32
25	Shane	Hennelly	Dublin 4	M	Sen	00:12:16	00:33:11	0:15:10	1:00:37
26	Adrain	Dervin	Dervin Team	Male	Relay	00:12:29	00:33:01	0:15:11	1:00:42
27	Bernard	Geraghty	The Queally Boys	Male	Relay	00:12:46	00:33:38	0:14:26	1:00:51
28	Paul	Mitchell	Tallaght	M	Sen	00:13:22	00:32:09	0:15:25	1:00:56
29	Kieran	O Dwyer		M	Sen	00:12:40	00:32:48	0:15:36	1:01:04
30	Cian	Geraghty	An Spideal	M	Junior	00:14:23	00:30:31	0:16:21	1:01:16
31	Gavin	Brennan	Boyle	M	Sen	00:12:51	00:33:04	0:15:29	1:01:24
32	John	McHugh	Westport Tri	M	Sen	00:13:15	00:32:12	0:16:00	1:01:26
33	Gary	McHugh		M	O40	00:13:16	00:32:18	0:16:10	1:01:44
34	Stagg	John		Male	Relay	00:14:15	00:31:18	0:16:14	1:01:47
35	Siobhan	Murtagh	Carrick on Shannon	F	Sen	00:13:17	00:32:51	0:15:39	1:01:47
36	Darragh	Delaney	Claremorris	M	O40	00:13:40	00:30:58	0:17:21	1:01:59
37	Gerard	Slattery	Annagh Wheelers	M	Sen	00:13:41	00:32:06	0:16:12	1:01:59
38	Bernard	McLoughlin	Galway	M	Sen	00:13:47	00:31:54	0:16:29	1:02:11
39	Martin	Kinneavy		M	O40	00:14:02	00:31:31	0:16:53	1:02:26
40	michelle	Iannon	boyle	F	O40	00:13:18	00:33:09	0:16:00	1:02:27
41	Tojo	Lazzari	castlebar	M	Sen	00:13:07	00:33:39	0:15:50	1:02:36
42	Shane	Dunne	Ballina	M	Junior	00:12:45	00:33:38	0:16:19	1:02:42
43	Pat	Casey	Ballinrobe	M	Sen	00:12:43	00:34:24	0:16:00	1:03:06
44	James Kyne	Oran O Malley	Under 15	Male u15	Relay	00:13:52	00:34:31	0:14:54	1:03:17
45	Michael	Conway	Mullingar Harriers	M	Sen	00:12:51	00:35:15	0:15:18	1:03:24
46	John	Hughes	Western Lakes	mixed	Relay	00:14:11	00:33:00	0:16:17	1:03:28
47	Gabriel	Walsh	Galway	M	Sen	00:13:31	00:34:13	0:16:04	1:03:49
48	Andrew	Connaire	craughwell	M	Sen	00:13:45	00:33:57	0:16:17	1:04:00
49	Ronan	Dervin	Irishtown	M	Sen	00:13:06	00:35:02	0:16:03	1:04:12
50	martin	Walmsley	Westport	M	O40	00:14:12	00:32:36	0:17:25	1:04:13
51	Ger	Heneghan	Trilakes	M	O40	00:13:42	00:34:01	0:16:45	1:04:28
52	Jonathan	Glavin	Galway Tri	M	Sen	00:13:32	00:36:03	0:14:55	1:04:30
53	Deirdre	Brophy	Galway	F	Sen	00:13:46	00:35:17	0:15:41	1:04:43

54	Dave	Moran	Athenry	M	O40	00:14:40	00:32:29	0:17:36	1:04:45
55	Richie	McCarthy	Hurtlocker	M	Sen	00:13:53	00:34:20	0:16:40	1:04:54
56	David	Mellet	Western Lakes	M	Sen	00:13:54	00:34:34	0:16:29	1:04:57
57	Declan	Nolan	Liquid Motion	M	Sen	00:13:36	00:34:22	0:17:04	1:05:02
58	Padraic	Mc Vann	Castlebar	M	O40	00:13:43	00:34:56	0:16:44	1:05:24
59	noel	mcgourty	westport	M	O40	00:14:07	00:34:00	0:17:18	1:05:25
60	Murt	Cooney	Galway	M	Sen	00:14:36	00:33:57	0:17:00	1:05:32
61	John	Murphy	Western Lakes	M	Sen	00:13:23	00:36:29	0:15:43	1:05:35
62	Ruairi	connelly	Tuam	M	Sen	00:14:19	00:33:55	0:17:50	1:06:04
63	Owen	Boyhan	Oranmore	M	Sen	00:13:52	00:35:28	0:16:54	1:06:15
64	Brian	O Reilly	Headford	mixed	Relay	00:14:57	00:34:29	0:16:55	1:06:21
65	Damien	Quinn		M	Sen	00:13:26	00:37:07	0:15:56	1:06:28
66	Patrick	Mc Gee	Claremorris	M	Sen	00:13:39	00:37:12	0:15:39	1:06:29
67	David	Brennan	Hurt Locker	M	O40	00:14:42	00:33:52	0:17:59	1:06:32
68	James	o'connor	craughwell	M	Sen	00:15:43	00:32:00	0:18:55	1:06:38
69	Tommie	Gill	westport	M	Sen	00:14:45	00:33:30	0:18:22	1:06:38
70	adrian	fahy	westport	M	O40	00:14:50	00:32:58	0:18:53	1:06:42
71	David	Mc Dermott	Western Lakes	m	Sen	00:15:46	00:33:03	0:17:59	1:06:47
72	John	Kelly		M	Sen	00:13:56	00:35:47	0:17:06	1:06:49
73	Ross	Bourke	Westport	M	Junior	00:13:34	00:37:10	0:16:07	1:06:51
74	Derek	cooney	galway	M	Sen	00:14:56	00:33:01	0:18:58	1:06:55
75	Alan	Flaherty		M	Sen	00:13:48	00:37:20	0:15:49	1:06:57
76	Brian	Golden	Western Lakes	M	O40	00:14:12	00:34:24	0:18:29	1:07:05
77	Martin	Jennings	Western Lakes	M	O40	00:14:52	00:34:49	0:17:32	1:07:12
78	michael	kenna	Gort	M	O40	00:15:40	00:33:49	0:17:43	1:07:13
79	Power	Zelma		F	Sen	00:14:32	00:36:07	0:16:39	1:07:18
80	Gerard	Reid	Galway	M	O40	00:14:26	00:35:16	0:17:45	1:07:27
81	john	jennings	castlebar	M	O40	00:15:02	00:34:26	0:18:10	1:07:38
82	Daniel	Lee	Galway	M	Sen	00:14:28	00:37:40	0:15:37	1:07:44
83	Darragh	Flynn	Galway	M	Sen	00:14:08	00:36:19	0:17:21	1:07:47
84	Joanne	O Boyle	Hurt Locker	F	Sen	00:14:41	00:36:31	0:16:39	1:07:51
85	Cian	Gorman	Sligo	M	Sen	00:14:58	00:35:27	0:17:27	1:07:52
86	John Paul	Kneafsey	Ballina	M	Sen	00:14:48	00:35:43	0:17:32	1:08:02
87	Michael	Cannon	Hollymount	M	O40	00:14:43	00:34:29	0:18:52	1:08:05
88	Ollie	Kelly	Hollymount	M	O40	00:15:28	00:34:22	0:18:33	1:08:24
89	Carole	Fabby	The Chancers	Male	Relay	00:14:58	00:36:57	0:16:34	1:08:29
90	Tommy	Varden	Tuam	M	Sen	00:15:49	00:34:59	0:17:47	1:08:36
91	Ger	Brennan	Kiltimagh	M	O40	00:14:46	00:36:16	0:17:34	1:08:36
92	Sean	Lyons	Achill	M	O50	00:15:10	00:34:50	0:18:46	1:08:46
93	Conor	Gill	Hollymount	Male	Relay	00:16:29	00:33:19	0:19:09	1:08:57
94	Bill	Coyne	Castlebar	M	O40	00:16:08	00:34:23	0:18:29	1:09:01
95	Alan	Hyland	Westport Tri	M	Sen	00:16:01	00:35:46	0:17:14	1:09:01
96	mattie	donnellon	SHRULE	M	O40	00:14:52	00:34:53	0:19:22	1:09:07
97	Deirdre	Mannion	Western Lakes	F	Sen	00:16:18	00:34:17	0:18:51	1:09:25
98	Paul	Walsh	South Sligo	M	O40	00:14:40	00:36:50	0:17:56	1:09:26
99	Noel	Stagg	Hollymount	M	O40	00:14:57	00:35:00	0:19:30	1:09:27
100	Sean	Grealis	Castlebar	M	O50	00:14:24	00:38:38	0:16:27	1:09:29
101	Jarlath	Jennings		Male	Relay	00:13:43	00:39:57	0:15:53	1:09:32
102	martin	lannon	boyle	M	O40	00:15:29	00:34:56	0:19:07	1:09:32
103	laura	english	castlebar	F	Sen	00:16:34	00:34:26	0:18:35	1:09:34
104	ANNE	HEANEY	CASTLEBAR	F	O40	00:14:33	00:38:29	0:16:39	1:09:41
105	David	Ingham		M	O40	00:14:51	00:37:07	0:17:54	1:09:53
106	Mike	Donaldson		M	O40	00:15:03	00:37:01	0:18:04	1:10:08
107	Aidan	Doyle	Tuam	M	Sen	00:15:08	00:36:38	0:18:25	1:10:11

108	Adrian	Flannery	Ballinrobe	M	Sen	00:16:06	00:34:28	0:19:41	1:10:16
109	Declan	Conmy	Belmullet	M	Sen	00:14:29	00:38:03	0:17:46	1:10:18
110	Joe	Moran	Tuam	M	O40	00:16:24	00:34:02	0:20:09	1:10:35
111	Basil	Sexton	Ballina	M	Sen	00:14:30	00:37:38	0:18:33	1:10:42
112	Kevin	Rooney	Ballina	M	Sen	00:16:27	00:36:37	0:17:51	1:10:55
113	Enda	Joyce	Clonbur	M	Sen	00:14:51	00:38:05	0:17:59	1:10:55
114	Gerry	Sheridan	Western Lakes	M	O40	00:16:40	00:33:44	0:20:38	1:11:02
115	Earnan	Naughton	Ballinrobe	M	O40	00:15:14	00:36:39	0:19:11	1:11:03
116	Ronan	Keenan		M	O40	00:16:03	00:35:38	0:19:25	1:11:07
117	Sara	Canny	Western Lakes	F	Sen	00:16:41	00:35:54	0:18:34	1:11:09
118	noel	golden	Claremorris	M	Junior	00:14:10	00:38:30	0:18:40	1:11:20
119	Grainne	Read	Galway Tri	F	O40	00:16:47	00:36:10	0:18:57	1:11:55
120	Majella	Ní Chríocháin	Co. na Gaillimhe	F	O40	00:15:32	00:37:48	0:18:38	1:11:58
121	John	Tierney	Kiltimagh	M	O40	00:14:54	00:39:00	0:18:16	1:12:10
122	Aoife	Fitzpatrick		F	Sen	00:15:34	00:37:50	0:18:54	1:12:18
123	Connie	Walsh	Sligo	F	O40	00:14:53	00:40:16	0:17:11	1:12:20
124	Caroline	Brennan	Ballyglass	F	Sen	00:16:43	00:35:54	0:19:45	1:12:21
125	Tom	Byrne	Dublin 4	M	Sen	00:15:08	00:38:25	0:19:02	1:12:36
126	Alan	Canny	Hollymount	M	Sen	00:16:25	00:37:40	0:18:37	1:12:43
127	Paul	Batty	Tri Lakes	M	Sen	00:14:42	00:41:14	0:16:53	1:12:50
128	Brian	Regan	Tubbercurry	M	Sen	00:16:33	00:37:01	0:19:19	1:12:53
129	Louise	Fahy	Western Lakes	F	Sen	00:16:51	00:36:45	0:19:19	1:12:55
130	Sean	Collins	Cycle Kinvarra	M	O40	00:17:18	00:35:56	0:19:41	1:12:55
131	martina	mcintyre	co galway	F	O40	00:15:50	00:37:20	0:19:59	1:13:09
132	Sinead	Stagg	Hollymount	Female	Relay	00:15:51	00:39:04	0:18:16	1:13:10
133	Graham	Casey	Casey/ Casey	Mixed	Relay	00:13:38	00:43:31	0:16:07	1:13:16
134	Caroline	Keogh	Westport	F	Sen	00:16:10	00:37:33	0:19:41	1:13:25
135	Kevin	Donnellan	Ballinrobe	M	Sen	00:15:48	00:38:14	0:19:24	1:13:26
136	Alan	Gibbons	Ballinrobe	M	Sen	00:14:45	00:41:49	0:16:52	1:13:26
137	Conal	Sadler	Westport	M	Sen	00:16:09	00:38:48	0:18:32	1:13:29
138	Philip	O'Donnell	Hollymount	M	O40	00:16:24	00:35:47	0:21:21	1:13:33
139	Elaine	Fleming	Tuam	F	Sen	00:14:44	00:40:40	0:18:10	1:13:34
140	Kieran	Geraghty	Westport	M	O40	00:15:42	00:38:40	0:19:15	1:13:37
141	Brian	Cunningham		M	O40	00:16:45	00:36:45	0:20:17	1:13:46
142	Gerard	noone	Galway	M	O40	00:16:24	00:37:47	0:19:37	1:13:47
143	Lawrence	Maguire	Hollymount	M	O60	00:17:02	00:36:51	0:19:58	1:13:51
144	Patricia	Harte	Keen Hartes	Female	Relay	00:18:01	00:35:19	0:20:33	1:13:53
145	Ray	Farrelly	V.T.C.C/T.C.	M	O40	00:16:03	00:38:33	0:19:27	1:14:02
146	Cara	Gleeson	Hurt Locker	F	O40	00:16:58	00:36:53	0:20:14	1:14:06
147	John	Brady	Tuam	M	O40	00:16:50	00:36:00	0:21:35	1:14:24
148	Paul G	McWalter	Kilcolgan	M	O40	00:16:06	00:39:14	0:19:05	1:14:25
149	Conor	O'Brien	Galway	M	Sen	00:16:28	00:38:50	0:19:17	1:14:35
150	Nicole	Walsh	Tourlestrane	F	O40	00:15:52	00:39:19	0:19:25	1:14:36
151	Kevin	Quinn		M	O40	00:16:35	00:37:33	0:20:32	1:14:40
152	Sean	O'Connell	Ballinrobe	M	O40	00:16:57	00:39:02	0:18:44	1:14:43
153	Frank	Lynn		M	O40	00:17:18	00:38:02	0:19:25	1:14:45
154	Walkin	Mc Donald	Ballinrobe	Male	Relay	00:16:11	00:39:28	0:19:23	1:15:02
155	Paula	O'Neill	Claremorris	F	Sen	00:17:11	00:37:22	0:20:30	1:15:03
156	Caroline	Concannon	Ballinrobe	F	Sen	00:16:30	00:38:38	0:20:01	1:15:09
157	Scanlon	Joe	South Sligo	M	O40	00:16:27	00:38:51	0:19:52	1:15:10
158	Eileen	Sweeney	Galway	F	Sen	00:17:05	00:37:34	0:20:55	1:15:34
160	John	Culhane	Ballinrobe	M	O40	00:15:58	00:39:28	0:20:10	1:15:35
159	Liam	Gavin	Leenane	M	Sen	00:16:37	00:38:18	0:20:40	1:15:35
161	Breda	Gavin	Hurt Locker	F	Sen	00:17:12	00:38:48	0:19:37	1:15:37

162	Pat	Burke	Kilcolgan	M	O40	00:16:12	00:39:41	0:19:45	1:15:38
163	Anthony	O Toole	Western Lakes	M	Sen	00:18:10	00:36:26	0:21:07	1:15:43
164	Angie	Hughes	Ballinrobe	F	Sen	00:16:34	00:40:21	0:18:51	1:15:47
165	Gary	Burke	Kilmaine	M	O40	00:17:20	00:38:04	0:20:24	1:15:48
166	Emily	Bruton	Oranmore	F	Sen	00:17:33	00:37:58	0:20:19	1:15:50
167	Stephen	Murphy	Hurt Locker	M	O40	00:18:04	00:36:51	0:20:57	1:15:52
168	Sinead	Egan		F	Sen	00:15:33	00:43:10	0:17:24	1:16:07
169	veronica	burke	mayo	F	O40	00:16:05	00:41:10	0:19:01	1:16:15
170	Brian	Costello	N/A	M	Sen	00:16:39	00:40:37	0:19:02	1:16:18
171	seamus	flynn	ballina	M	O40	00:16:35	00:42:05	0:17:38	1:16:19
172	Aidan	Carney		M	Sen	00:18:05	00:37:22	0:20:55	1:16:21
173	declan	flynn	ballina	M	O40	00:16:38	00:41:35	0:18:12	1:16:25
174	Shane	Holleran	McGing Holleran	mixed	Relay	00:20:22	00:33:09	0:23:13	1:16:43
175	Sean	Lynn	Galway	M	Sen	00:17:38	00:40:05	0:19:02	1:16:46
176	paul	McDonagh		M	Sen	00:17:48	00:38:19	0:20:48	1:16:56
177	Daniel	McHale	Ballina	M	Junior	00:14:35	00:44:58	0:17:24	1:16:57
178	Enda	Loneragan	Westport	M	O40	00:17:11	00:38:51	0:21:17	1:17:19
179	Sharon	Conway	Westport Leisure cent	F	O40	00:18:19	00:38:05	0:21:01	1:17:24
180	Angela	Mc Vann	Castlebar	F	O40	00:16:25	00:41:23	0:19:41	1:17:29
181	Austin	Walsh	Sligo	M	O40	00:17:09	00:36:40	0:23:41	1:17:29
182	Cathy	Regan	Tubbercurry	F	O40	00:17:27	00:38:54	0:21:17	1:17:38
183	David	Coyle	Headford	M	Sen	00:16:27	00:42:47	0:18:34	1:17:48
184	Annette	Kelly	Marie Monaghan	Female	Relay	00:18:00	00:40:04	0:20:11	1:18:16
185	Aoife	Lally	Western Lakes	F	Sen	00:17:46	00:39:58	0:20:43	1:18:26
186	killian	gottsche	Oranmore	M	Sen	00:16:43	00:39:49	0:21:56	1:18:28
187	Sarah	Keane	Claremorris	F	Sen	00:15:18	00:44:55	0:18:23	1:18:35
188	padraic	gannon	westport	F	O40	00:18:38	00:34:04	0:26:00	1:18:42
189	Ann Marie	Morley		F	Sen	00:16:52	00:39:56	0:22:12	1:19:00
190	Derbhla	Frain	Hurtlocker	F	Sen	00:18:16	00:37:30	0:23:17	1:19:03
191	Lucy	Fallon	Westport AC	F	Sen	00:16:17	00:42:22	0:20:29	1:19:08
192	Michael	Conroy	Ballinrobe	M	Sen	00:18:02	00:38:46	0:22:21	1:19:08
193	Ciaran	Hayes	Claremorris	M	Sen	00:17:07	00:42:39	0:19:28	1:19:13
194	Eleanor	Corcoran	sligo	F	Sen	00:17:16	00:41:25	0:20:58	1:19:39
195	paul	dixon	Mayo	M	O40	00:15:28	00:44:46	0:19:32	1:19:46
196	Linda	Cusack	Ballinrobe	F	O40	00:17:29	00:41:46	0:20:44	1:19:59
197	Jennifer	Fahy	Western Lakes	F	Sen	00:17:04	00:41:51	0:21:16	1:20:11
198	Colm	Kelleher	Galway	M	O40	00:17:30	00:40:29	0:22:38	1:20:37
199	Alan	Flannery	Ballinrobe	M	O40	00:17:56	00:41:13	0:21:51	1:21:01
200	Elaine	Tracey	Western Lakes	F	O40	00:18:45	00:39:54	0:22:53	1:21:31
201	Bernadett	Burke	Western Lakes	F	O50	00:18:29	00:40:18	0:23:11	1:21:58
202	Sandra	Morris	Tuam	F	Sen	00:18:11	00:41:47	0:22:04	1:22:02
203	maura	connaughton	Mayo	F	Sen	00:17:19	00:44:08	0:20:37	1:22:04
204	John	Carey		M	O40	00:17:36	00:43:11	0:21:22	1:22:08
205	Dónal	Byrne	Ballyhaunis	M	Sen	00:18:27	00:44:16	0:19:48	1:22:31
206	Ann Marie	Carolan	Castlebar	F	Sen	00:17:10	00:45:14	0:20:25	1:22:49
207	Joanne	Carolan	Castlebar	F	Sen	00:17:10	00:45:14	0:20:25	1:22:49
208	Peter	Casey	Ballyhaunis	M	Sen	00:17:57	00:44:46	0:20:17	1:23:00
209	Shauna	Ferrick	Ballinrobe	F	O40	00:17:40	00:43:43	0:21:40	1:23:03
210	O Neill	O Neill	O Neill/ O Neill	Female	Relay	00:19:17	00:41:25	0:22:36	1:23:18
211	Rebecca	Sheridan	Kilmaine	F	Sen	00:17:20	00:44:59	0:21:08	1:23:28
212	Noreen	Hastings	Westport	F	Sen	00:17:19	00:46:09	0:20:14	1:23:42
213	Tomas	Geraghty	Hollymount	M	O40	00:17:26	00:43:57	0:22:28	1:23:51
214	Sean	O Connor	Hurt Locker	M	O50	00:18:56	00:41:23	0:23:42	1:24:01
215	Elaine	Walkin	Ballinrobe	F	O40	00:18:19	00:44:15	0:22:09	1:24:44

216	Michelle	Duffy	Western Lakes	F	O40	00:18:40	00:43:32	0:22:46	1:24:58
217	Michael	Hunt	Kilkelly	M	O40	00:18:22	00:44:21	0:23:53	1:26:37
218	Carol	Berry	Westport Leisure centre	F	O40	00:18:56	00:45:13	0:22:43	1:26:51
219	Mary	Horkan	ballina	F	Sen	00:19:38	00:45:55	0:22:14	1:27:46
220	Saharan	Duane	Ballinasloe	F	Sen	00:18:13	00:50:18	0:19:16	1:27:48
221	Paul	Gilligan	Western Lakes	M	Sen	00:18:59	00:44:54	0:24:04	1:27:57
222	Freda	Kay	Kay/ Ludden	Female	Relay	00:18:55	00:47:22	0:21:55	1:28:12
223	Tina	Bohan	Westport	F	O40	00:19:01	00:45:59	0:23:24	1:28:24
224	Seamus	Ruane	County Galway	M	O40	00:17:47	00:48:46	0:21:51	1:28:24
225	Helen	Connaughton	Galway	F	O40	00:19:14	00:47:05	0:22:06	1:28:25
226	Stephen	Maughan	Corballa	M	O40	00:18:00	00:49:40	0:20:51	1:28:30
227	Ita	Mullaghy	Hollymount	F	O40	00:19:42	00:46:11	0:23:09	1:29:01
228	Neil	Murphy	Western Lakes	M	Sen	00:20:33	00:42:21	0:26:42	1:29:36
229	Jennifer	Fahy	Western Lakes	F	Sen	00:17:58	00:51:41	0:20:14	1:29:54
230	Michael	Lardner	Galway	M	O40	00:20:03	00:44:53	0:25:16	1:30:12
231	Sean	O Morain	Tuam	M	O40	00:20:03	00:44:52	0:25:17	1:30:12
232	Ashling	Lavelle		F	Sen	00:17:50	00:49:51	0:22:36	1:30:17
233	Geraldine	Sheridan	Ballinrobe	F	O40	00:18:47	00:48:54	0:23:34	1:31:15
234	Fiona	Melrose	Tallaght	F	Sen	00:21:58	00:44:16	0:25:54	1:32:08
235	Nina	Doyle	Gorey CC	F	O40	00:20:30	00:48:42	0:24:03	1:33:15
236	John	Craddock	Ballinrobe	M	O50	00:21:11	00:47:38	0:24:35	1:33:25
237	Martina	Hogan	Galway	F	O40				1:33:44
238	Barbara	McDonagh	Galway	F	Sen				1:33:45
239	Pauline	Moran	Westport Leisure centre	F	O50	00:20:57	00:47:32	0:26:25	1:34:54
240	Brendan	McGuire	Ballina	M	O40	00:19:35	00:50:08	0:25:27	1:35:10
241	Amanda	Mooney	Co. Galway	F	O40	00:19:58	00:51:33	0:23:45	1:35:16
242	Bernie	Harness		F	O40	00:20:14	00:49:37	0:25:26	1:35:17
243	Teresa	Gril	balla	F	O40	00:19:49	00:52:40	0:24:18	1:36:46
244	Lorraine	O'Donnell	Kinvara	F	O40	00:21:02	00:51:35	0:24:32	1:37:09
245	Claire	Mooney	Ballinasloe	F	Sen	00:21:00	00:51:41	0:24:35	1:37:17
247	Caroline	Leneghan Mc Ma	Newport	F	O40	00:25:57	00:48:48	0:25:49	1:40:34
246	Billy	O Toole	The Joker and son	Male	Relay	00:25:59	00:43:43	0:30:53	1:40:34
248	Caroline	McLoughlin		F	O40	00:16:29	01:07:31	0:18:51	1:42:52
249	Laura	Doyle		F	Sen	00:20:48	00:51:30	0:31:37	1:43:55
	Tara	Lavelle		F	Sen	00:20:46			No Time
	Linda	McGuinness	Ballinasloe	F	Sen	00:16:19			No Time
	Brian	Clancy	Hurt Locker	M	O40				No Time
	Owen	Boyhan	Oranmore	M	Sen				No Time
	Oisin	Gannon	Ballinrobe	Male	Relay			0:56:57	Run Only