

| Place | Bib | Name | Surname | Sex | Cat | Run 1 | Cycle | Run 2 | Total |
|-------|-----|-----------|----------------|--------|-----|----------|----------|----------|---------|
| 1 | 292 | stephen | donnelly | Male | Sen | 00:11:54 | 00:26:54 | 00:14:07 | 0:52:55 |
| 2 | 440 | Ruaidhri | Geraghty | Male | Sen | 00:11:35 | 00:28:23 | 00:13:52 | 0:53:49 |
| 3 | 115 | Killian | Heery | Male | Sen | 00:11:54 | 00:28:34 | 00:13:57 | 0:54:26 |
| 4 | 497 | Mark | Jeffers | Male | Sen | 00:11:59 | | 00:43:22 | 0:55:22 |
| 5 | 451 | Brendan | Conway | Male | Sen | 00:11:42 | 00:29:24 | 00:14:30 | 0:55:36 |
| 6 | 355 | Jimmy | Lawlor | Male | Vet | 00:12:22 | 00:29:28 | 00:14:50 | 0:56:40 |
| 7 | 307 | Sean | Flynn | Male | Jun | 00:11:42 | 00:31:28 | 00:14:17 | 0:57:27 |
| 8 | 132 | Donal | Kelly | Male | Sen | 00:12:40 | 00:29:46 | 00:15:11 | 0:57:37 |
| 9 | 448 | Noel | Gibbons | Male | Vet | 00:12:22 | | 00:45:29 | 0:57:50 |
| 10 | 428 | jonathan | caulfield | Male | Sen | 00:12:30 | 00:30:45 | 00:14:55 | 0:58:10 |
| 11 | 398 | Richard | Meaney | Male | Sen | 00:12:22 | 00:31:12 | 00:14:38 | 0:58:12 |
| 12 | 311 | David | Mc Grath | Male | Sen | 00:12:32 | 00:30:55 | 00:15:13 | 0:58:40 |
| 13 | 396 | John | Lenehan | Male | Sen | 00:13:04 | 00:31:14 | 00:14:23 | 0:58:41 |
| 14 | 484 | Sean | Mc Loughlin | Male | Sen | 00:12:59 | 00:30:46 | 00:15:05 | 0:58:50 |
| 15 | 328 | Ciaran | Clancy | Male | Sen | 00:13:19 | 00:30:42 | 00:14:54 | 0:58:55 |
| 16 | 304 | Culan | O' Meara | Male | Sen | 00:12:23 | 00:32:18 | 00:14:19 | 0:59:00 |
| 17 | 417 | Cian | Lynch | Male | Sen | 00:13:08 | 00:31:16 | 00:14:51 | 0:59:15 |
| 18 | 441 | Noel | Brady | Male | Vet | 00:13:55 | 00:29:12 | 00:16:16 | 0:59:23 |
| 19 | 312 | Shane | Markham | Male | Sen | 00:13:44 | 00:30:47 | 00:14:55 | 0:59:26 |
| 20 | 137 | David | Delaney | Male | Vet | 00:13:04 | 00:31:09 | 00:15:20 | 0:59:33 |
| 21 | 139 | James | Lane | Male | Vet | 00:13:14 | 00:30:58 | 00:15:39 | 0:59:52 |
| 22 | 154 | Robert | Lennon | Male | Sen | 00:12:39 | 00:31:49 | 00:15:51 | 1:00:19 |
| 23 | 423 | Colm | Jennings | Male | Vet | 00:13:42 | 00:30:28 | 00:16:14 | 1:00:24 |
| 24 | 390 | BRENDAN | COSTELLO | Male | Sen | 00:13:19 | 00:32:09 | 00:14:57 | 1:00:26 |
| 25 | 121 | David | O'Malley | Male | Sen | 00:13:26 | 00:31:14 | 00:15:53 | 1:00:33 |
| 26 | 319 | Morgan | Mc Hugh | Male | Vet | 00:13:48 | 00:30:16 | 00:16:51 | 1:00:55 |
| 27 | 314 | James | Wright | Male | Sen | 00:13:19 | | 00:48:03 | 1:01:22 |
| 28 | 371 | Patrick | Dirrane | Male | Vet | 00:13:54 | 00:31:31 | 00:16:12 | 1:01:37 |
| 29 | 420 | michael | kelly | Male | Vet | 00:13:40 | 00:31:17 | 00:16:46 | 1:01:43 |
| 30 | 146 | Joe | Hastings | Male | Jun | 00:12:23 | 00:33:33 | 00:15:51 | 1:01:47 |
| 31 | 407 | Aodhan | Mc Aleer | Male | Sen | 00:13:17 | 00:33:25 | 00:15:09 | 1:01:51 |
| 32 | 151 | Alan | Clogher | Male | Sen | 00:13:18 | 00:32:08 | 00:16:30 | 1:01:56 |
| 33 | 382 | Ger | O Mahony | Male | Vet | 00:13:43 | 00:32:44 | 00:15:34 | 1:02:00 |
| 34 | 370 | Marie | Boyle | Female | Vet | 00:14:03 | 00:32:04 | 00:15:55 | 1:02:02 |
| 35 | 467 | John | Mc Hugh | Male | Sen | 00:13:25 | 00:32:03 | 00:16:51 | 1:02:19 |
| 36 | 388 | Caroline | Conway | Female | Sen | 00:13:41 | 00:32:21 | 00:16:18 | 1:02:20 |
| 37 | 386 | Martin | Horan | Male | Sen | 00:12:32 | 00:35:52 | 00:14:13 | 1:02:37 |
| 38 | 460 | Shane | Gilligian | Male | Sen | 00:13:45 | 00:31:23 | 00:17:37 | 1:02:46 |
| 39 | 495 | John | Gilleran | Male | Sen | 00:13:46 | 00:31:35 | 00:17:31 | 1:02:52 |
| 40 | 392 | P.H. | Conroy | Male | Sen | 00:13:22 | 00:33:07 | 00:16:24 | 1:02:53 |
| 41 | 462 | Vinny | Kelly | Male | Sen | 00:13:06 | 00:33:42 | 00:16:17 | 1:03:06 |
| 42 | 337 | Dave | Hanahoe | Male | Sen | 00:13:52 | 00:32:06 | 00:17:08 | 1:03:06 |
| 43 | 491 | Padraig | Varley | Male | Sen | 00:13:18 | 00:34:02 | 00:15:50 | 1:03:10 |
| 44 | 131 | Jack | Geoghegan | Male | Sen | 00:13:12 | 00:35:13 | 00:15:05 | 1:03:30 |
| 45 | 369 | Paul | Joyce | Male | Sen | 00:13:50 | 00:32:28 | 00:17:26 | 1:03:44 |
| 46 | 117 | Ray | McNamara | Male | Sen | 00:13:23 | 00:34:02 | 00:16:20 | 1:03:45 |
| 47 | 333 | cian | geraghty | Male | Jun | 00:14:50 | 00:31:05 | 00:17:51 | 1:03:46 |
| 48 | 404 | Diarmuid | Á" Conchubhair | Male | Sen | 00:15:11 | 00:30:53 | 00:17:42 | 1:03:46 |
| 49 | 466 | Gary | Mc Hugh | Male | Vet | 00:13:17 | 00:33:35 | 00:16:59 | 1:03:51 |
| 50 | 105 | Brian | McDonnach | Male | Sen | 00:14:47 | 00:32:25 | 00:16:39 | 1:03:51 |
| 51 | 401 | Diarmuid | Dunne | Male | Sen | 00:13:11 | 00:34:19 | 00:16:43 | 1:04:12 |
| 52 | 415 | Ann Marie | Egan | Female | Sen | 00:14:13 | 00:33:29 | 00:16:37 | 1:04:18 |
| 53 | 155 | Declan | Heneghan | Male | Sen | 00:14:08 | 00:32:12 | 00:18:00 | 1:04:20 |

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| 54 | 387 | David | Mellett | Male | Sen | 00:14:04 | 00:33:30 | 00:16:53 | 1:04:27 |
| 55 | 158 | Vincent | kavanagh | Male | Vet | 00:13:46 | 00:35:36 | 00:15:34 | 1:04:56 |
| 56 | 456 | Oisin | Gill | Male | Sen | 00:13:24 | 00:36:59 | 00:14:35 | 1:04:58 |
| 57 | 474 | Ger | Heneghan | Male | Vet | 00:13:38 | 00:34:54 | 00:16:27 | 1:04:59 |
| 58 | 461 | Brendan | Butler | Male | Sen | 00:13:36 | 00:33:38 | 00:17:46 | 1:05:00 |
| 59 | 397 | aileen | Mc Namara | Female | Sen | 00:13:55 | 00:34:50 | 00:16:32 | 1:05:16 |
| 60 | 144 | Eamonn | Lyons | Male | Vet | 00:13:59 | 00:34:23 | 00:16:58 | 1:05:19 |
| 61 | 301 | Seamus | Nee | Male | Vet | 00:13:41 | 00:36:16 | 00:15:24 | 1:05:22 |
| 62 | 421 | Mark | Kelly | Male | Sen | 00:14:55 | 00:32:25 | 00:18:19 | 1:05:39 |
| 63 | 478 | Damien | Quinn | Male | Sen | 00:14:09 | 00:35:16 | 00:16:16 | 1:05:42 |
| 64 | 152 | Jonathan | Deane | Male | Jun | 00:12:57 | 00:38:09 | 00:14:38 | 1:05:44 |
| 65 | 450 | Bernard | Geraghty | Male | Sen | 00:15:23 | 00:33:10 | 00:17:13 | 1:05:46 |
| 66 | 130 | Gerard | Geoghegan | Male | Jun | 00:14:34 | 00:34:03 | 00:17:15 | 1:05:52 |
| 67 | 345 | Sean | Mc Dermott | Male | Sen | 00:13:36 | 00:35:28 | 00:17:03 | 1:06:08 |
| 68 | 373 | Keith | Curley | Male | Sen | 00:14:03 | 00:35:26 | 00:16:46 | 1:06:15 |
| 69 | 496 | Kieran | O Hara | Male | Vet | 00:14:05 | 00:35:30 | 00:16:41 | 1:06:16 |
| 70 | 447 | Kathleen | Barry | Female | Vet | 00:14:35 | 00:34:53 | 00:16:52 | 1:06:19 |
| 71 | 499 | Michael | Mannion | Male | Sen | 00:14:10 | 00:34:57 | 00:17:17 | 1:06:24 |
| 72 | 149 | Martin | Kinneavey | Male | Vet | 00:14:38 | 00:34:28 | 00:17:30 | 1:06:37 |
| 73 | 295 | paul | clarke | Male | Sen | 00:13:46 | 00:37:37 | 00:15:18 | 1:06:40 |
| 74 | 113 | John | Gillard | Male | Sen | 00:14:21 | 00:36:56 | 00:15:39 | 1:06:57 |
| 75 | 493 | Declan | Moran | Male | Sen | 00:14:56 | 00:33:49 | 00:18:14 | 1:06:59 |
| 76 | 362 | John | Stagg | Male | Sen | 00:14:12 | 00:35:44 | 00:17:14 | 1:07:10 |
| 77 | 120 | David | Walshe | Male | Sen | 00:15:01 | 00:33:56 | 00:18:24 | 1:07:21 |
| 78 | 357 | Jean | O' Connor | Female | Sen | 00:14:29 | 00:36:43 | 00:16:12 | 1:07:23 |
| 79 | 349 | Declan | Hughes | Male | Sen | 00:15:01 | 00:35:35 | 00:17:03 | 1:07:39 |
| 80 | 315 | Barry | Freeman | Male | Sen | 00:14:00 | | 00:53:46 | 1:07:46 |
| 81 | 455 | Simon | Moran | Male | Vet | 00:15:12 | 00:34:16 | 00:18:20 | 1:07:47 |
| 82 | 283 | Angela | Collins | Female | Sen | 00:14:01 | 00:37:42 | 00:16:06 | 1:07:49 |
| 83 | 453 | Fintan | Forde | Male | Sen | 00:13:51 | 00:37:22 | 00:16:47 | 1:08:01 |
| 84 | 402 | Alan | Dunne | Male | Sen | 00:13:12 | 00:38:33 | 00:16:21 | 1:08:06 |
| 85 | 334 | Pat | Mc Gee | Male | Sen | 00:13:53 | 00:38:36 | 00:15:41 | 1:08:10 |
| 86 | 127 | Bardley | Conroy | Male | Sen | 00:15:12 | 00:35:38 | 00:17:28 | 1:08:17 |
| 87 | 104 | James | Jordan | Male | Vet | 00:15:16 | 00:34:39 | 00:18:25 | 1:08:20 |
| 88 | 112 | John | Jennings | Male | Vet | 00:15:09 | 00:35:09 | 00:18:10 | 1:08:29 |
| 89 | 310 | Rick | Holmes | Male | Sen | 00:15:21 | 00:35:33 | 00:17:36 | 1:08:30 |
| 90 | 106 | Robert | Coyne | Male | Sen | 00:14:51 | 00:34:44 | 00:18:57 | 1:08:32 |
| 91 | 118 | Joseph | Moran | Male | Sen | 00:14:24 | 00:37:49 | 00:16:18 | 1:08:32 |
| 92 | 296 | Muirna | Walsh | Female | Sen | 00:14:53 | 00:36:00 | 00:17:47 | 1:08:40 |
| 93 | 472 | Brian | Golden | Male | Sen | 00:15:02 | 00:34:22 | 00:19:21 | 1:08:45 |
| 94 | 335 | KIERAN | Mc Tighe | Male | Sen | 00:14:03 | 00:38:02 | 00:16:45 | 1:08:49 |
| 95 | 145 | Michelle | Traynor | Female | Vet | 00:16:05 | 00:35:00 | 00:17:45 | 1:08:50 |
| 96 | 406 | Neasa | Canavan | Female | Sen | 00:15:01 | 00:36:09 | 00:17:42 | 1:08:52 |
| 97 | 294 | Aidan | Mc Intyre | Male | Vet | 00:14:57 | 00:36:04 | 00:17:57 | 1:08:58 |
| 98 | 350 | P.J. | Hall | Male | Vet | 00:14:33 | 00:36:48 | 00:17:54 | 1:09:14 |
| 99 | 143 | Pauline | Moran | Female | Vet | | | | 1:09:18 |
| 100 | 323 | sean | heraty | Male | Vet | 00:14:18 | 00:37:27 | 00:17:36 | 1:09:21 |
| 101 | 411 | Sean | Gallagher | Male | Vet | 00:16:08 | 00:34:56 | 00:18:32 | 1:09:36 |
| 102 | 147 | Joe | Gallagher | Male | Vet | 00:15:55 | 00:34:45 | 00:18:57 | 1:09:37 |
| 103 | 361 | Patrick | Gallagher | Male | Sen | 00:14:16 | 00:38:07 | 00:17:17 | 1:09:41 |
| 104 | 459 | Tom | Mulldoon | Male | Sen | 00:15:31 | 00:36:15 | 00:17:59 | 1:09:45 |
| 105 | 107 | Paraic | Breathnach | Male | Vet | | 00:52:09 | 00:17:37 | 1:09:46 |
| 106 | 425 | Brian | O Malley | Male | Sen | 00:15:00 | 00:35:35 | 00:19:13 | 1:09:47 |
| 107 | 399 | Duncan | Sclare | Male | Vet | 00:15:37 | 00:36:17 | 00:17:53 | 1:09:47 |

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| 108 | 473 | Imelda | Hughes | Female | Vet | 00:14:49 | 00:37:24 | 00:17:37 | 1:09:50 |
| 109 | 469 | Martin | Jennings | Male | Vet | 00:14:53 | 00:37:32 | 00:17:32 | 1:09:56 |
| 110 | 285 | James | Regan | Male | Sen | 00:14:45 | 00:36:57 | 00:18:15 | 1:09:56 |
| 111 | 432 | Michael | Walsh | Male | Sen | 00:14:45 | 00:37:47 | 00:17:38 | 1:10:10 |
| 112 | 490 | Dara | O Connor | Male | Jun | 00:14:35 | 00:35:41 | 00:19:56 | 1:10:13 |
| 113 | 434 | sean | ward | Male | Sen | 00:15:16 | 00:37:14 | 00:17:59 | 1:10:29 |
| 114 | 438 | John | Mannion | Male | Sen | 00:14:37 | 00:38:00 | 00:17:52 | 1:10:29 |
| 115 | 102 | Mary | Daly | Female | Vet | 00:15:15 | 00:37:12 | 00:18:02 | 1:10:29 |
| 116 | 409 | kevin | brennan | Male | Vet | 00:16:00 | 00:36:17 | 00:18:13 | 1:10:30 |
| 117 | 110 | Patrick | Loftus | Male | Sen | 00:15:13 | 00:36:42 | 00:18:36 | 1:10:31 |
| 118 | 125 | Sean | Moogan | Male | Sen | 00:14:22 | 00:38:27 | 00:17:53 | 1:10:42 |
| 119 | 320 | Darragh | Delaney | Male | Vet | 00:16:19 | 00:34:43 | 00:19:41 | 1:10:43 |
| 120 | 413 | Martin | Munnelly | Male | Sen | 00:15:30 | 00:36:11 | 00:19:03 | 1:10:44 |
| 121 | 458 | John | Hughes | Male | Vet | 00:15:51 | 00:36:09 | 00:18:46 | 1:10:46 |
| 122 | 430 | Tommie | Loughran | Male | Vet | 00:16:31 | 00:35:19 | 00:18:59 | 1:10:49 |
| 123 | 313 | John | Clarke | Male | Vet | 00:15:15 | 00:37:10 | 00:18:28 | 1:10:53 |
| 124 | 480 | Mick | Murphy | Male | Sen | 00:15:42 | 00:36:59 | 00:18:20 | 1:11:01 |
| 125 | 326 | Conal | Sadler | Male | Sen | 00:15:14 | 00:37:20 | 00:18:27 | 1:11:01 |
| 126 | 135 | Charlie | Lambert | Male | Vet | 00:15:00 | 00:39:07 | 00:16:57 | 1:11:04 |
| 127 | 148 | Andrew | Connaire | Male | Sen | 00:15:35 | 00:37:22 | 00:18:15 | 1:11:12 |
| 128 | 439 | eddie | forde | Male | Vet | | 00:52:28 | 00:18:49 | 1:11:17 |
| 129 | 463 | Michael | Walsh | Male | Sen | 00:14:59 | 00:38:44 | 00:17:36 | 1:11:19 |
| 130 | 299 | cathy | mellett | Female | Sen | 00:16:06 | 00:36:32 | 00:18:48 | 1:11:25 |
| 131 | 141 | Martin | Mullary | Male | Sen | 00:15:43 | 00:37:32 | 00:18:12 | 1:11:27 |
| 132 | 324 | heather | porter | Female | Sen | 00:16:10 | 00:37:03 | 00:18:17 | 1:11:30 |
| 133 | 410 | Mark | Massey | Male | Vet | 00:15:31 | 00:37:07 | 00:18:52 | 1:11:30 |
| 134 | 331 | anne | fahey ronayne | Female | Vet | 00:14:59 | 00:38:45 | 00:17:47 | 1:11:30 |
| 135 | 449 | Brendan | Mooney | Male | Sen | 00:15:44 | 00:35:52 | 00:19:55 | 1:11:31 |
| 136 | 321 | Tommie | Gill | Male | Sen | 00:15:14 | 00:37:20 | 00:19:02 | 1:11:36 |
| 137 | 372 | ger | brennan | Male | Vet | 00:15:43 | 00:36:55 | 00:19:06 | 1:11:43 |
| 138 | 380 | | | Female | Sen | 00:17:34 | 00:34:52 | 00:19:25 | 1:11:51 |
| 139 | 101 | Garry | Bigley | Male | Sen | 00:16:13 | 00:36:22 | 00:19:48 | 1:12:24 |
| 140 | 338 | KEVIN | ROHAN | Male | Sen | 00:13:52 | 00:42:47 | 00:16:03 | 1:12:42 |
| 141 | 418 | Ray | Farrelly | Male | Vet | 00:15:29 | 00:38:27 | 00:18:53 | 1:12:49 |
| 142 | 103 | Elaine | Hagan | Female | Sen | 00:15:39 | 00:38:33 | 00:18:57 | 1:13:09 |
| 143 | 376 | Tommy | Maree | Male | Sen | 00:16:07 | 00:38:29 | 00:18:34 | 1:13:10 |
| 144 | 465 | Sean | Lyons | Male | Vet | 00:16:16 | 00:36:56 | 00:20:04 | 1:13:16 |
| 145 | 109 | Bernard | Moran | Male | Vet | 00:15:11 | 00:39:48 | 00:18:18 | 1:13:17 |
| 146 | 291 | Cian | Gorman | Male | Sen | 00:16:07 | 00:36:56 | 00:20:17 | 1:13:19 |
| 147 | 124 | Philip | Rositen | Male | Vet | 00:15:38 | 00:39:36 | 00:18:11 | 1:13:26 |
| 148 | 412 | Sinead | Conneally | Female | Sen | 00:15:48 | 00:38:51 | 00:18:53 | 1:13:31 |
| 149 | 351 | Sean | Lynn | Male | Sen | 00:16:37 | 00:37:56 | 00:19:06 | 1:13:39 |
| 150 | 498 | John | Fox | Male | Vet | 00:15:23 | 00:40:37 | 00:17:40 | 1:13:39 |
| 151 | 156 | Leonie | Moran | Female | Sen | 00:15:30 | 00:38:52 | 00:19:19 | 1:13:40 |
| 152 | 288 | Mike | Mullaghy | Male | Vet | 00:15:45 | 00:37:57 | 00:20:12 | 1:13:55 |
| 153 | 133 | Gabriel | Ruane | Male | Sen | 00:15:04 | 00:39:42 | 00:19:13 | 1:13:58 |
| 154 | 367 | john | tierney | Male | Vet | 00:15:37 | 00:40:40 | 00:17:53 | 1:14:10 |
| 155 | 379 | Patrick | Rowland | Male | Vet | 00:16:53 | 00:37:50 | 00:19:29 | 1:14:12 |
| 156 | 142 | Gerry | Ryder | Male | Vet | 00:16:10 | 00:38:11 | 00:19:55 | 1:14:16 |
| 157 | 119 | John | Fitzgerald | Male | Sen | 00:14:48 | 00:41:34 | 00:17:55 | 1:14:17 |
| 158 | 377 | Pete | Ray | Male | Vet | 00:17:17 | 00:36:59 | 00:20:16 | 1:14:31 |
| 159 | 433 | sandra | caulfield | Female | Sen | 00:15:20 | 00:40:50 | 00:18:28 | 1:14:37 |
| 160 | 437 | Kieran | Geraghty | Male | Vet | 00:15:51 | 00:39:26 | 00:19:30 | 1:14:46 |
| 161 | 422 | | | Female | Sen | 00:16:56 | 00:37:10 | 00:20:49 | 1:14:56 |

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| 162 | 427 | Damien | Gill | Male | Sen | 00:16:28 | 00:39:13 | 00:19:24 | 1:15:05 |
| 163 | 284 | Gerry | O' Malley | Male | Vet | 00:16:12 | 00:38:28 | 00:20:48 | 1:15:28 |
| 164 | 485 | Ciara | Joyce | Female | Sen | 00:16:51 | 00:43:43 | 00:14:55 | 1:15:29 |
| 165 | 483 | Pratricia | kavanagh | Female | Vet | 00:17:32 | 00:42:36 | 00:15:21 | 1:15:29 |
| 166 | 325 | Chris | O' Connell | Male | Vet | 00:17:37 | 00:38:18 | 00:19:48 | 1:15:43 |
| 167 | 429 | Patsy | Mc Carthy | Female | Vet | 00:15:59 | 00:41:06 | 00:18:39 | 1:15:45 |
| 168 | 405 | Fintan | Kennedy | Male | Vet | 00:17:19 | 00:37:07 | 00:21:22 | 1:15:48 |
| 169 | 452 | Paul | Houlihan | Male | Vet | 00:16:32 | 00:40:29 | 00:18:56 | 1:15:57 |
| 170 | 477 | Ann Marie | Morley | Female | Sen | | 01:00:16 | 00:15:45 | 1:16:02 |
| 171 | 442 | Joe | Scanlon | Male | Sen | 00:17:15 | 00:36:56 | 00:21:52 | 1:16:04 |
| 172 | 306 | Ruth | Coyne | Female | Sen | 00:16:43 | 00:39:12 | 00:20:09 | 1:16:04 |
| 173 | 318 | Martin | Donnellan | Male | Vet | 00:14:50 | 00:42:23 | 00:19:22 | 1:16:35 |
| 174 | 457 | Gerry | Mc Donagh | Male | Vet | 00:17:13 | 00:40:25 | 00:18:59 | 1:16:36 |
| 175 | 108 | Ger | Hynes | Male | Sen | 00:16:52 | 00:40:10 | 00:19:55 | 1:16:57 |
| 176 | 389 | Gerry | Sheridan | Male | Vet | 00:18:07 | 00:35:59 | 00:22:54 | 1:16:59 |
| 177 | 305 | Sinead | Tiernan | Female | Sen | 00:17:53 | 00:37:29 | 00:21:41 | 1:17:03 |
| 178 | 134 | Oliver | Hickey | Male | Sen | 00:17:11 | 00:38:01 | 00:21:52 | 1:17:05 |
| 179 | 464 | Eva | Fitzgerald | Female | Sen | 00:17:00 | 00:40:32 | 00:19:33 | 1:17:05 |
| 180 | 126 | Declan | Grady | Male | Sen | 00:16:11 | 00:41:06 | 00:19:54 | 1:17:11 |
| 181 | 384 | Tom | Normanly | Male | Vet | 00:16:27 | 00:40:28 | 00:20:17 | 1:17:12 |
| 182 | 489 | Paul | Higgins | Male | Sen | 00:16:23 | 00:41:31 | 00:19:24 | 1:17:18 |
| 183 | 336 | MARK | CONROY | Male | Sen | 00:15:24 | 00:41:50 | 00:20:08 | 1:17:23 |
| 184 | 128 | Derek | Lavelle | Male | Vet | 00:17:42 | 00:39:23 | 00:20:21 | 1:17:26 |
| 185 | 446 | Austin | Walsh | Male | Vet | 00:16:37 | 00:40:18 | 00:20:37 | 1:17:32 |
| 186 | 343 | Kev | Donnellan | Male | Sen | 00:16:23 | 00:40:13 | 00:20:57 | 1:17:33 |
| 187 | 435 | John | Culhane | Male | Vet | 00:16:24 | 00:40:39 | 00:20:33 | 1:17:36 |
| 188 | 330 | PAUL | BURKE | Male | Vet | 00:16:52 | 00:39:25 | 00:21:20 | 1:17:36 |
| 189 | 348 | sandra | morley | Female | Sen | 00:17:01 | 00:39:45 | 00:20:51 | 1:17:37 |
| 190 | 391 | Helena | Gaughan | Female | Sen | 00:16:45 | 00:41:36 | 00:19:24 | 1:17:45 |
| 191 | 138 | Michael | Cannon | Male | Vet | 00:17:00 | 00:40:28 | 00:20:27 | 1:17:54 |
| 192 | 293 | Martina | Mc Intyre | Female | Vet | 00:16:34 | 00:40:11 | 00:21:21 | 1:18:06 |
| 193 | 424 | Carol | Currid | Female | Vet | 00:16:34 | 00:41:36 | 00:20:00 | 1:18:10 |
| 194 | 500 | John | Ruddy | Male | Vet | 00:17:32 | 00:39:03 | 00:21:37 | 1:18:12 |
| 195 | 385 | Valerie | Mc Greal | Female | Sen | 00:16:25 | 00:42:05 | 00:19:49 | 1:18:20 |
| 196 | 352 | Fiona | Gilrane | Female | Vet | 00:16:48 | 00:40:44 | 00:20:54 | 1:18:27 |
| 197 | 316 | Michael | Laffey | Male | Vet | 00:18:48 | 00:38:47 | 00:20:59 | 1:18:34 |
| 198 | 298 | JOHN | BRADY | Male | Vet | 00:17:38 | 00:37:33 | 00:23:43 | 1:18:53 |
| 199 | 302 | Aidan | Doyle | Male | Sen | 00:17:34 | 00:40:54 | 00:20:27 | 1:18:55 |
| 200 | 308 | Alan | Murphy | Male | Sen | 00:16:57 | 00:43:01 | 00:18:59 | 1:18:58 |
| 201 | 416 | angie | hughes | Female | Sen | 00:16:58 | 00:42:47 | 00:19:20 | 1:19:04 |
| 202 | 153 | Frank | Lynn | Male | Vet | 00:18:50 | 00:40:29 | 00:19:46 | 1:19:05 |
| 203 | 454 | Sinead | Collins | Female | Vet | 00:16:56 | 00:42:57 | 00:19:40 | 1:19:33 |
| 204 | 136 | Sean | Boylan | Male | Vet | 00:16:21 | 00:42:08 | 00:21:06 | 1:19:35 |
| 205 | 339 | Treasa | Mc Loughlin | Female | Sen | 00:17:07 | 00:40:52 | 00:21:37 | 1:19:36 |
| 206 | 364 | dan | burke | Male | Sen | 00:16:04 | 00:42:38 | 00:22:01 | 1:20:43 |
| 207 | 347 | brendan | morley | Male | Vet | | 00:58:04 | 00:22:39 | 1:20:43 |
| 208 | 286 | Noel | Stagg | Male | Vet | 00:16:27 | 00:42:49 | 00:21:36 | 1:20:52 |
| 209 | 482 | Sinead | Conway | Female | Sen | 00:16:50 | 00:42:35 | 00:21:54 | 1:21:19 |
| 210 | 122 | Siobhan | Regan | Female | Sen | 00:19:02 | 00:42:47 | 00:20:15 | 1:22:04 |
| 211 | 287 | Noel | Jennings | Male | Vet | 00:14:14 | 00:46:10 | 00:22:21 | 1:22:44 |
| 212 | 159 | Liam | McDonnall | Male | Vet | 00:16:17 | 00:44:35 | 00:22:07 | 1:22:59 |
| 213 | 408 | paula | connaughton | Female | Sen | 00:17:10 | 00:45:24 | 00:20:26 | 1:23:00 |
| 214 | 303 | Tracy | Durkan | Female | Sen | 00:16:59 | 00:45:53 | 00:20:12 | 1:23:04 |
| 215 | 140 | Hugh | Mulryan | Male | Jun | | 01:02:20 | 00:20:59 | 1:23:19 |

| | | | | | | | | | |
|-----|-----|------------|------------|--------|-----|----------|----------|----------|---------|
| 216 | 426 | Martina | Donnellan | Female | Vet | 00:17:40 | 00:45:54 | 00:20:14 | 1:23:48 |
| 217 | 431 | Graeme | Salter | Male | Vet | 00:17:36 | 00:42:31 | 00:24:40 | 1:24:47 |
| 218 | 157 | Elaine | McNamara | Female | Sen | 00:17:45 | 00:46:28 | 00:20:37 | 1:24:49 |
| 219 | 150 | Ernie | Lynn | Male | Sen | 00:18:09 | 00:44:29 | 00:22:27 | 1:25:04 |
| 220 | 414 | Jenny | Cleary | Female | Sen | 00:18:02 | 00:45:40 | 00:21:26 | 1:25:08 |
| 221 | 317 | Liam | Laffey | Male | Sen | 00:19:23 | 00:41:08 | 00:24:51 | 1:25:23 |
| 222 | 353 | siobhan | Ryan | Female | Vet | 00:17:52 | 00:45:16 | 00:22:28 | 1:25:36 |
| 223 | 481 | Amanda | Byrne | Female | Sen | 00:19:59 | 00:41:26 | 00:24:24 | 1:25:49 |
| 224 | 468 | Aoife | Lally | Female | Sen | | 01:04:03 | 00:21:46 | 1:25:49 |
| 225 | 486 | Deirdre | Mannion | Female | Sen | | 01:04:02 | 00:21:47 | 1:25:49 |
| 226 | 366 | Avril | Mc Greal | Female | Vet | 00:17:16 | 00:46:19 | 00:22:19 | 1:25:54 |
| 227 | 476 | Aidan | Carney | Male | Sen | 00:17:23 | 00:45:10 | 00:23:38 | 1:26:11 |
| 228 | 368 | Ailish | brodrick | Female | Sen | 00:16:12 | 00:45:08 | 00:25:29 | 1:26:49 |
| 229 | 340 | John | Coleman | Male | Sen | | 01:03:13 | 00:23:59 | 1:27:12 |
| 230 | 470 | Lisa | Biggins | Female | Sen | 00:17:12 | 00:43:30 | 00:26:36 | 1:27:18 |
| 231 | 363 | Kevin | Tierney | Male | Sen | 00:17:33 | 00:43:00 | 00:26:46 | 1:27:19 |
| 232 | 375 | Mandy | Maree | Female | Sen | 00:18:43 | 00:41:51 | 00:27:01 | 1:27:36 |
| 233 | 290 | sheila | kilduff | Female | Vet | | 01:00:45 | 00:26:54 | 1:27:38 |
| 234 | 374 | mary | kelly | Female | Sen | 00:17:47 | 00:49:07 | 00:20:47 | 1:27:41 |
| 235 | 356 | Phyl | Lawlor | Female | Vet | 00:20:12 | 00:43:07 | 00:24:54 | 1:28:14 |
| 236 | 492 | Paula | O'Neill | Female | Sen | | 01:01:32 | 00:27:13 | 1:28:45 |
| 237 | 378 | Jason | Carey | Male | Vet | 00:18:46 | 00:42:11 | 00:28:00 | 1:28:58 |
| 238 | 100 | JP | Hughes | Male | Sen | 00:17:57 | 00:41:58 | 00:29:05 | 1:29:01 |
| 239 | 111 | Pat | McLoughlin | Male | Vet | 00:17:11 | 00:44:05 | 00:27:45 | 1:29:01 |
| 240 | 403 | Mark | Doble | Male | Sen | 00:16:18 | 00:44:28 | 00:28:33 | 1:29:18 |
| 241 | 436 | HILARY | KIELY | Female | Vet | | 01:05:46 | 00:24:08 | 1:29:54 |
| 242 | 300 | Sarah | Bradley | Female | Sen | 00:18:24 | 00:47:03 | 00:24:57 | 1:30:23 |
| 243 | 471 | Shauna | Ferrick | Female | Vet | | 01:06:10 | 00:24:49 | 1:30:59 |
| 244 | 297 | Shane | Gill | Male | Vet | 00:19:20 | 00:41:51 | 00:29:57 | 1:31:08 |
| 245 | 116 | Eileen | McNamara | Female | Vet | 00:20:57 | 00:44:50 | 00:25:55 | 1:31:42 |
| 246 | 479 | Collen | Walsh | Female | Sen | | 01:07:02 | 00:25:02 | 1:32:04 |
| 247 | 280 | Susan | Heneghan | Female | Vet | 00:20:28 | 00:46:02 | 00:26:37 | 1:33:06 |
| 248 | 488 | Naomi | Sloyan | Female | Sen | 00:21:12 | 00:48:16 | 00:24:46 | 1:34:14 |
| 249 | 487 | Louise | O Hora | Female | Sen | 00:21:17 | 00:48:12 | 00:24:45 | 1:34:14 |
| 250 | 358 | Elaine | Bohan | Female | Sen | 00:20:27 | 00:51:08 | 00:25:00 | 1:36:35 |
| 251 | 342 | Breige | Mc Nulty | Female | Sen | 00:22:06 | 00:47:56 | 00:28:28 | 1:38:30 |
| 252 | 341 | david | kavanagh | Male | Vet | 00:17:34 | 00:52:29 | 00:28:28 | 1:38:31 |
| 253 | 309 | Suzanne | Nolan | Female | Sen | 00:21:31 | 00:51:31 | 00:26:23 | 1:39:25 |
| 254 | 344 | Declan | Nolan | Male | Sen | 00:21:32 | 00:51:30 | 00:26:25 | 1:39:26 |
| 255 | 114 | Natasha | Gallagher | Female | Sen | | 01:16:25 | 00:23:43 | 1:40:07 |
| 256 | 381 | Lorna | Irwin | Female | Sen | 00:22:20 | 00:50:57 | 00:26:55 | 1:40:11 |
| 257 | 494 | Paul | Kelly | Male | Vet | 00:19:01 | 01:00:13 | 00:24:35 | 1:43:49 |
| 258 | 327 | Keith | Hassett | Male | Sen | 00:26:15 | 00:51:34 | 00:30:56 | 1:48:45 |
| | 365 | Damien | Brehony | Male | Sen | 00:13:46 | 00:33:11 | | |
| | 322 | Bernadette | Smyth | Female | Vet | 00:22:00 | 00:54:02 | | |
| | 129 | | | Male | Sen | 00:11:30 | | | |